



Colonoscopy Prep Instructions

Medications: If you are taking PLAVIX, COUMADIN, WARFARIN, CLOPIDOGREL, PRADAXA, ELIQUIS, or APIXABAN, you may need to stop it five days before your procedure. **Check with your provider in advance.**

ENTIRE DAY BEFORE PROCEDURE:

CLEAR LIQUIDS ONLY-NO SOLID FOOD!!

NO RED LIQUIDS OR ALCOHOL

Some Examples:

WATER	TEA	PEPSI/COKE
APPLE JUICE	GATORADE	7-UP/GINGER ALE
WHITE GRAPE JUICE	BROTH (CHICKEN/BEEF)	CRYSTAL LIGHT
JELLO	POPSICLES	
COFFEE (NO CREAMER)	PLAIN HARD CANDY	

- At 3PM take 4 Bisacodyl Tablets by mouth with fluid & mix the GoLytely prep according to instructions on the bottle. You may add Crystal Light or any water flavoring that is not **RED**.
- Drink two-thirds (2/3) of GoLytely bottle by 5PM.

No Smoking After Midnight

Continue drinking clear liquids throughout the night.

DAY OF YOUR PROCEDURE:

- 3 hours before your check-in time, finish the remaining one-third (1/3) of the GoLytely bottle within 1 hour.

**THEN ABSOLUTELY NOTHING ELSE TO EAT OR DRINK UNTIL
AFTER THE PROCEDURE!**

Start drinking _____ AM/PM

Finish drinking _____ AM/PM

Check in time _____ AM/PM

Clinic staff will fill this time in for you.